

Comments and Consent for Vasectomy (Male Elective Sterilization)

Both patient and partner will hopefully agree on this procedure as their form of **PERMANENT** birth control. It is a very expensive procedure for reversal that is not covered by insurance and is approximately only 50-60% successful.

You should not take any **Aspirin, Motrin, Advil, Aleve, Naprosyn or Ibuprofen** for at least 1 week prior to your procedural appointment. This includes Indomethecin, Colchicine, Vitamin E or fish oil supplements. If you take a blood thinner (Coumadin, Warfarin, Plavix, Aggrenox), please inform your doctor. Please take only Tylenol or Acetaminophen on a limited basis for pain prior to the biopsy.

The vasectomy is done under local anesthesia, taking approximately 30-45 minutes to perform. A single small scrotal incision is made and both sperm cords are isolated separately. A small segment of 1.5 cm is removed from each tube. All ends are tied with an absorbable suture and cauterized to complete the triple therapy of this permanent procedure. One absorbable stitch is used to close the skin incision and will fall out on its own in 2-3 weeks.

Even after this permanent procedure, *the patient is not immediately sterile and should continue using their form of birth control until told otherwise by their surgeon.* We need to collect 2 semen analysis at the 10 and 12 week point after the vasectomy to check for any presence of sperm. We will need 2 consecutive collections that demonstrate zero (0) sperm present before the vasectomy can be your form of birth control. At this point, the samples are free of all sperm indicating empty storage areas, complete healing at the cord locations and that Mother Nature has not built a bridge to reconnect the tubes though this occurs less than 2% of the time.

Please **shower 2-4 hours prior** to the procedure to insure a clean surgical site and **shave the front of the scrotum the night before the procedure.** Please eat before coming to the office. We do these procedures generally on a Friday in hopes that you will have the weekend to recuperate and return to work on Monday.

Risks of the procedure are similar to any surgery and include bleeding, infection, pain and swelling. Less common complications include possible sperm granuloma formation which is an inflammatory nodule that results from sperm leakage at the site where the sperm cords are severed. This tender nodule may even appear several years later and may require surgical removal 2% of the time when present. There is also a 4% chance of long term low grade testicular discomfort and is generally self limited.

There are many other types of safe and effective birth control. We strongly urge you to discuss these options with your partner and their physicians. All of the above factors should be weighed carefully prior to making the final decision for a vasectomy. Though there are several important issues presented here, millions of men have successfully completed this procedure without any problems.

We, the undersigned, have read the foregoing description of a vasectomy and its risks and benefits as well as post-procedural requirements and desire a vasectomy to be performed on _____ by Dr. Champ Weeks. We have been advised that as a result of the vasectomy, the patient may or will be rendered sterile and be prevented from procreating children, although no such result is warranted or guaranteed. Considering all of the above, we desire to have a vasectomy performed and authorize the same at the discretion of Dr. Champ Weeks. We hereby release him from any and all liability in connection therewith.

Dated this _____ day of _____, 20_____.

Patient: _____ Partner if present: _____

Witness: _____

